

What can you do?

Be open and understanding towards your boy*.
He is not to blame.

The perpetrators are alone responsible for the abuse.



Give us a call!

berliner jungs offers the following help:

1. Case advice for boys* and their family members
 - Specialist trauma counselling for boys* who are the victims of abuse
 - Advice on child protection and how to assess suspicions
 - Friendly expert advice and participation in case teams and case conferences
2. The "Jibs" prevention programme, including drama-based education
 - Age-appropriate sex education
 - Recognising dangers and finding ways out
 - Exercises on self-assertiveness and setting boundaries - at school, at youth leisure facilities and in public places.
3. Further training courses for educational professionals.
Registration at www.jungen-netz.de
info@jungen-netz.de

Your help matters ...

... you support our work with your donation.

HILFE-FÜR-JUNGS e.V. is a recognised provider of youth welfare services. The donations we receive fund support for boys* who have been the victims of sexual abuse.

HILFE-FÜR-JUNGS e.V.

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STOP

sexual abuse and grooming



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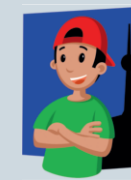
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Lichtenberg Municipal Council



Treptow-Köpenick Municipal Council



berliner jungs

Help for boys* who are the victims of sexual abuse



Sexual abuse towards boys*

Recognise it and take action!

a project of

HILFE-FÜR-JUNGS e.V.

FOR BOYS* + MEN*

Sexual abuse towards boys* is more common than you might think!

According to the German Federal Criminal Office, in 2017 there were 11,547 cases of sexual abuse against children in Germany alone, including 3,399 cases in which boys* were the victims. Since many cases of abuse go unreported, the actual number of cases is even higher.

Potential perpetrators may live in the direct or family environment of the boys* or they may be at large where boys* like to spend time. That includes swimming pools, playgrounds and sports fields, shopping centres, leisure facilities and sports clubs. Increasing attempts at grooming are also taking place via digital media (e.g. the internet).



The perpetrators almost always proceed on a conscious and planned basis, and test the limits of the individual boy*. They usually work with subliminal or open threats which lead to feelings of shame and/or guilt in the boy*.

Sexual abuse can also occur among peers, however. The long-term consequences for boys* who are the victims of sexual abuse depend, for instance, on the intensity of the abuse, the age difference, and the relationship between the perpetrator and the victim. To counteract this, take what boys* say seriously, and seek support for both the victim and yourself.

Dangerous situations and ways out:



You feel like you're being watched

If somebody is watching you, go away!

You are approached

Don't reveal too much about yourself and tell an adult what happened!

Someone wants a relationship with you

Reject gifts, and approach other adults whom you trust!

Someone wants to spend time alone with you

**Don't allow them to separate you from your friends!
Stay with your friends!**

You have a secret that's been weighing on your mind

Talk about it with an adult whom you trust!

Someone approaches you or wants to relate to you in a sexual way

**Your body belongs to you.
Say "STOP! Don't touch me!"**

Why don't young male victims talk about sexual abuse?

Sexual abuse always amounts to a crossing of the shame threshold, including for boys*.

The victims are often afraid that nobody will believe them. In talking about the abuse, they are afraid of incriminating their parents or the other people in their environment.



The perpetrators frequently use threats to silence boys* and make them comply. Many victims also feel that they themselves are responsible for the abuse ("a real boy would have fought back").

To avoid coming over as a "victim" to the outside world, boys* often respond with aggression, and on some occasions, with anxiety disorders and depressive behaviour. Behind the silence, the boys* always feel considerable anxiety, helplessness and loneliness, however.

To arrange a consultation, please contact us:
(030) 236 33 983 or info@jungen-netz.de